L.E.V.O.C. OFFERS EACH INDIVIDUAL:

Help to overcome obstacles hindering their growth and success

Optimism that change is possible and obtainable

Plan to achieve and establish goals

Encouragement to never give up!

L.E.V.O.C. = HOPE

FUNDING FOR SERVICES

- Virginia Medicaid/Magellan
- FAMIS
- CSA
- Self-Pay

Substance Abuse Services provided at our Chesapeake location:

L.E.V.O.C. Family Services 102 American Legion Road Chesapeake, VA 23321

> Phone 757.337.0689 Fax 866.719.9963

Other services L.E.V.O.C. offers include intensive-in-home counseling, mental health skill-building services and substance abuse counseling.

L.E.V.O.C.'S SERVICE AREAS INCLUDE:

Chesapeake

Emporia

Franklin

Hampton

Isle of Wight

Newport News

Norfolk

Petersburg

Portsmouth

Richmond

Suffolk

Southampton County

Surry

Virginia Beach



Dedicated to Serving Youth and Families in the Community

Addiction Services Intensive Outpatient & Case Management

These services provide community-based treatment for individuals and their families that suffer from addiction disorders. Treatment addresses the impact of addiction on every aspect of the individual's life. It is a time-limited program intended to help participants reach individual goals and maintain sobriety in the community.

L.E.V.O.C. FAMILY SERVICES (LFS)

L.E.V.O.C. Family Services provides community-based services in the Commonwealth of Virginia. These services are comprehensive in nature and practical in their approach

Each client receives a comprehensive assessment and strengths-based, individualized service plan that addresses his or her needs.

Vested in the communities it serves, L.E.V.O.C. works collaboratively with other community agencies and links clients to available community resources.

Operating in compliance with federal and state regulations governing mental health services, L.E.V.O.C. maintains the confidentiality and protects the rights & privacy of the clients we serve. L.E.V.O.C. is a member of several local Human Rights Committees.

Caring and competent mental health professionals work diligently to help clients achieve established goals and improve their quality of life.



Goals of Treatment

1. Self-Diagnosis:

Participants will be able to identify their addiction and the causes of their behavior.

2. Personal Responsibility:

Participants will learn to be responsible for the actions and decisions to use and abuse mind- altering substances as well as accept the consequences of those choices.

3. Addiction Education:

Participants will learn the harmful effects of addiction and relate them to their lives.

4. Relapse Prevention:

Participants will identify signs of relapse and develop coping strategies to prevent relapse and maintain sobriety.

Who can benefit from Addiction Services?

Individuals who may have experienced repeated hospitalizations due to substance related disorders, individuals who have failed to maintain sobriety in the community, those with legal or family problems as a result of the use of mind altering chemicals, individuals who desire to live free of chemical dependence or abuse or those who have limited or non-existent support systems can benefit for these services.

What do Addiction Services participants receive?

- Comprehensive Assessment and Treatment Planning
- Individual and Family Counseling
- Group Counseling
- Psycho-Educational Groups on addiction and the effects of addiction on various parts of life
- Relapse Prevention Services
- Case Management Services
- Transportation assistance to and from services